

Sexually Transmitted Diseases, Including HIV and AIDS Note-Taking Guide

Sexually Transmitted Diseases

1. Sexually transmitted diseases (STDs) are common. How many people are infected each year in the United States?

2. What does it mean for an STD to be asymptomatic? How does this relate to the importance of getting tested for STDs?

Asymptomatic:



Testing is important because. . .

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Symptoms of and Treatment for STDs

3. Identify four of the eleven STDs that are included in this lesson. Briefly describe what the STD is, how it is spread, two of the symptoms, and the treatment.

STD	What is the STD?	How is the STD spread?	Symptoms	Treatment

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Short- and Long-Term Consequences of STDs

4. List four of the most common short- and long-term effects of STDs.

How to Reduce the Risk of Infection From an STD

5. What are three ways you can reduce the risk of infections from STDs? What can be done to prevent the complications from STDs?

To reduce the risk . . .	To prevent complications . . .

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HIV and AIDS

6. What do the acronyms HIV and AIDS stand for?

HIV:

AIDS:

7. How are HIV and AIDS connected?

Signs and Symptoms of HIV and AIDS

8. What is the only way to know whether a person is HIV positive or has AIDS?

9. If a person with HIV gets an _____ infection or certain cancers, they will be diagnosed with _____.

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Treatment for HIV and AIDS

10. There is currently no cure for HIV or AIDS; however, there are treatment options for people who are HIV positive and preventative options for HIV-negative people who might still be at high risk for contracting HIV or who might have come into contact with someone who was HIV positive. Complete the table that follows by filling in the missing information about each treatment option.

Treatment acronym	Treatment name	Where can someone get the treatment?	Is this for HIV-people, HIV+ people, or people who came into contact?
PrEP		Pill prescribed by a doctor.	HIV-negative people, but high risk
PEP	Preexposure prophylaxis		
ART			